# **COURSE OUTLINE**

# (1) GENERAL

SCHOOL	HEALTH OF SCIENCES				
ACADEMIC UNIT	BIOLOGICAL APPLICATIONS AND TECHNOLOGY				
LEVEL OF STUDIES	UNDERGRADUATE				
COURSE CODE	BEE611	SEMESTER 8°			
COURSE TITLE	FOOD TECHNOLOGY				
INDEPENDENT TEACHING ACTIVITIES		WEEKLY TEACHING HOURS	CREDITS		
LECTURES		2	3		
			2	3	
COURSE TYPE	GENERAL BACKGROUND				
PREREQUISITE COURSES:	NO				
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	GREEK				
IS THE COURSE OFFERED TO ERASMUS STUDENTS	NO				
COURSE WEBSITE (URL)					

#### (2) LEANRNING OUTCOMES

#### **Learning Outcomes**

The course "FOOD TECHNOLOGY" aims in the understanding of:

- general principles of food technology
- composition and nutrition compounds in food
- nutritional value of food
- general principles of food processing
- types of food packaging materials
- the role of additives in foodstuff
- food preservation
- food packaging
- food safety

## **General Competences**

- Search, analysis of data and information, using the necessary technologies
- Autonomous work
- Teamwork
- Exercise criticism and self-criticism
- Promoting creative and inductive thinking

#### (3) SYLLABUS

- 1. Definitions and general principles in food technology
- 2. Composition and nutritional compounds
- 3. Nutritional value of food
- 4. Basic groups of food ingredients
  - hydrocarbons
  - proteins
  - lipids
  - water
  - inorganic compounds
  - vitamins
- 5. food additives
- 6. Food safety & food hygiene
  - food spoilage
  - sources of food contamination
- 7. Food process and preservation principles
- 8. Food packaging
  - packaging materials
  - use of recycled material for packing in direct contact with foodstuff
- 9. Quality and organoleptic control of food

# (4) TEACHING and LEARNING METHODS – EVALUATION

DELIVERY	Face to face learning			
USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY	Board and slide presentation, use of e-course			
TEACHING METHODS	Activity	Semester work load		
	Lectures	26		
	Simulations – Case study	26		
	Independently study	25		
	Course Total (25 hours of work load per credit unit)	77		
STUDENT PERFORMANCE EVALUATION	Written exams in the end of semester			

## (5) ATTACHED BIBLIOGRAPHY

(Introduction in Food Science and Technology) "Εισαγωγή στην Επιστήμη και την Τεχνολογία Τροφίμων", 2019, Σφλώμος Κωνσταντίνος, Βαρζάκας Θεόδωρος ΕΚΔΟΣΕΙΣ ΤΣΟΤΡΑΣ

(Food Chemistry and Technology) "Χημεία και Τεχνολογία Τροφίμων", 2019, Κουτίνας Αθανάσιος, Κανελλάκη Μαρία, ΕΚΔΟΣΕΙΣ ΝΕΟΝ

(Food Chemistry) "Χημεία τροφίμων", 2021, Μπαδέκα Αναστασία, Κοντομηνάς Μιχαήλ, ΕΚΔΟΣΕΙΣ ΝΕΟΝ